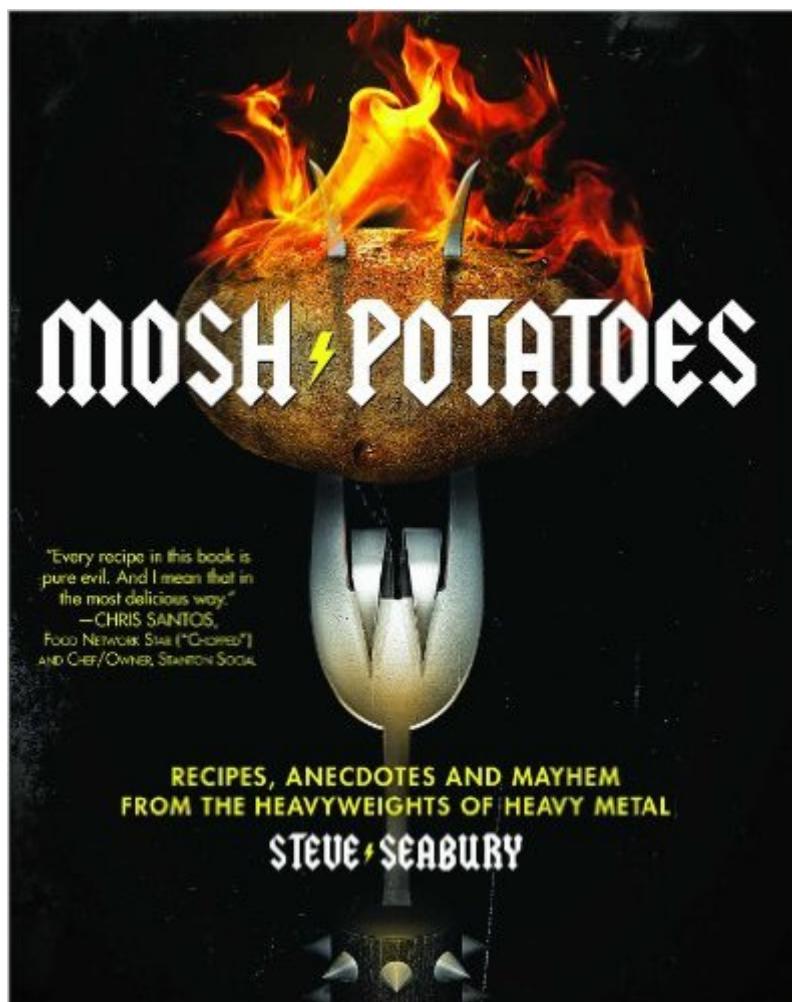


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# Mosh Potatoes: Recipes, Anecdotes, And Mayhem From The Heavyweights Of Heavy Metal



## Synopsis

Divided into "Opening Acts" (appetizers), "Headliners" (entrees), and "Encores" (desserts), *Mosh Potatoes* features 147 recipes that every rock 'n' roll fan will want to devour, including some super-charged Spicy Turkey Vegetable Chipotle Chili from Ron Thal of Guns N' Roses, Orange Tequila Shrimp from Joey Belladonna of Anthrax (complete with margarita instructions), Italian Spaghetti Sauce and Meatballs from Zakk Wylde of Black Label Society (a homemade family dish), Krakatoa Surprise from Lemmy of Motörhead (those who don't really like surprises may want to keep a fire extinguisher handy), and Star Cookies from Dave Ellefson of Megadeth. *Mosh Potatoes* comes with a monster serving of backstage stories and liner notes, making this ideal for young headbangers, those who still maintain a viselike grip on the first Black Sabbath album, and everyone who likes to eat.

## Book Information

Paperback: 272 pages

Publisher: Atria Books; Original edition (November 16, 2010)

Language: English

ISBN-10: 1439181322

ISBN-13: 978-1439181324

Product Dimensions: 7.4 x 1.3 x 9.2 inches

Shipping Weight: 14.9 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars (See all reviews) (54 customer reviews)

Best Sellers Rank: #397,484 in Books (See Top 100 in Books) #38 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Potatoes #131 in Books > Arts & Photography > Music > Musical Genres > Heavy Metal #1562 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional

## Customer Reviews

What a great idea! As a huge heavy metal fan, I found this book to be not only entertaining and filled with recipes from some of my favorite artists, but the food was actually really good! I don't cook often, but I found that these recipes were not too complicated, and the result was a very good meal. Who knew these people were not only artists in the music industry, but also in the kitchen? In collecting these recipes, Seabury manages to outdo Martha Stewart, and didn't even steal millions by insider trading. Hope he does a follow up.

This book is an absolute must for heavy metal lovers, even if they are not avid cooks. Most of the recipes sound great and the few that are left have amusing stories with them (even though they're for things like cheese toast). Almost every recipe has a blurb from the recipe provider and many of the recipes are written with quite a lot of personality to them. The mix of artists is fantastic too. Off the top of my head, there's: Anthrax Cattle Decapitation Lamb of God Whitechapel Psychostick Lita Ford Guns n' Roses Strapping Young Lad Genitorturers Cancer Bats Testament Dillinger Escape Plan Shinedown Motorhead Ozzy Osbourne (band, not him) Alice Cooper (band, not him) 3 Inches of Blood Black Label Society Dog Fashion Disco/El Creepo/Polka Dot Cadaver (lead singer for all of them provided a recipe) Megadeth Testament More I can't remember. There are only a few artist repeats (Anthrax I know provided at least two), so there is plenty of variety. With that being said, these recipes are NOT the height of cuisine. I knew that going into it, but some of the reviews suggest that others were expecting more. There are a few surprisingly sophisticated dishes, but almost everything is good, rib-sticking comfort food- the kind you would expect a heavy metal band to chow down on after a show. Get this book because you love the music. The quality of the book is just fine. The pictures are a bit low quality (black and white), but that's hardly a big deal.

I purchased this for my cousin - he likes metal and cooking, great idea! The title also made me giggle - the quality of the book when it arrived did not. I could have printed something equally as shoddy with my rubbish printer at home and then cut out the cover with my own scissors to create that same uneven finish that you get with really, really cheap birthday cards! Sorry but had to share this in the hope that whoever is printing this improves the quality!

I bought this for my son who had requested it as a Christmas gift. After receiving it I decided to look through it. There are lots of great recipes and stories from the individual musicians. Some of the recipes are simple and basic, but I was really surprised to find that some of them were chef inspired and very nutrient rich.

As someone who's been to cooking school, cooks all the time as I don't have a microwave and I don't eat processed food. Get this book for the enjoyment of it. Don't get it to show off your culinary attributes. The few 'real' recipes that are more than slap together cooking are the vegetarian ones. The only recipe I really felt myself urged to do was by Lemmy ... if you've read the book you'll understand. I've never laughed so hard.

I absolutely love this book. If there is one thing I know... rockers love their foods hot and spicy!! The concept of this book is awesome and fun. It is a great gift for those friends that have everything. I have bought SEVERAL copies of this book to give as gifts for all my rockin' cook friends and I know it will make their day and their palates happy.

I was pleasantly surprised with this book. It not only has great little stories from each artist, but the recipes are great. I have made several of the recipes and have been asked where I got the recipes. Try this book. I know you will like it.

I love this book. It shares a shelf with books by Gordon Ramsay and lots of high-end restaurants, but I go to this one more often than all the others. Whether you want a pasta, curry, chili, chicken, or vegetarian meal, there's something in here. I almost always have most of the ingredients on hand, and they don't usually call for anything that'll take ages to find. Perhaps because the people who contributed the recipes aren't career chefs, but people who cook for themselves, their families, and their friends, the recipes tend to be easy to understand, not too complicated, and possible to execute in a reasonable amount of time. Don't mistake them for being bland or unremarkable though. There are some weird things in the book, but I've tried no fewer than a dozen recipes and they've all been perfectly satisfying.

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